



Eastside Quilters Community Service Project

The community service project that the Guild undertakes is to make items of use to Overlake Hospital. The Volunteer Services Chair, Dehlila, has reported that the things we have donated so far have been warmly received by staff and patients alike. They are especially appreciative of the fact that the gifts are made by volunteers in the community instead of purchased by the hospital. Each item is given to a patient that is carefully selected by the staff according to need. They are in need of all sizes, but especially adult lap sized quilts. Below are the sizes and directions for quilts:

1. **Preemie:** Used on mother-baby floor, sometimes as incubator covers to provide individuality in the world of machines. Then the babies keep the blanket when they go home. Can be sized 18" to 24" square, 24" x 36", 36" square, or anything in between. Simple "pillowcase" quilts of two layers of flannel are good, with minimum stitching to irritate fragile skin.

2. **Baby:** Used with sick babies and also under-privileged families who have no baby supplies. Any size, suitable for a baby from receiving blanket, swaddle, or crib size. Can be quilted, "birthed" and tied, simple edged flannel, or whatever you want.

3. **Child/Toddler:** Same as Baby above, except it should be bigger for the crib. You could even just make the "comfort" kind of "blankie" that is a 16" square of Minkee with satin binding around the outside.

4. **Adult:** Lap or throw size. There is a GREAT need for this size since they don't get too many of them. They are used by the cancer floor and by the cancer treatment room for terminally ill patients or patients who come in regularly for numerous cancer treatments.

Procedure:

1. Make the quilt sturdy with materials that can be washed frequently.
2. Put a label on it saying it was made by Eastside Quilters. This has been requested by the Volunteer Services as well as the patients; they want to know who is doing this nice thing for them.
3. After finishing the quilt, you must WASH it and dry it and put it in a bag with a label saying the date WHEN it was washed.
4. Keep track of the hours spent making these donations.

Websites for additional patterns:

This site has lots and lots of easy patterns in all sizes:

<http://www.azblankets4kids.com/patterns.htm>

A cool way to make 3 baby quilts at once:

<http://www.quiltmaker.com/patterns/details.html?idx=184>

or watch the video

<http://www.hgtv.com/videos/supersize-a-nine-patch-quilt/4318.html>

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